

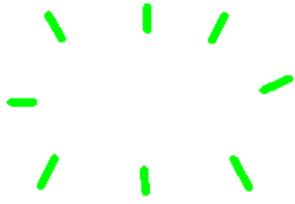
EASY ENGLISH

What is Sex?



**family
planning
victoria**

Reproductive & Sexual Health
Care. Education. Advocacy.

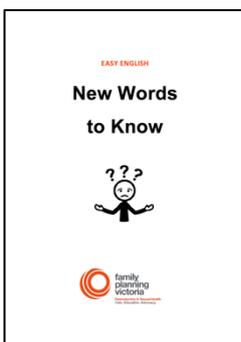


New words

There may be words in this book

- that are new to you
- you may **not** know what they mean
- **or**
- you may be unsure what they mean.

We will make them **blue** the first time we use them.



Read about them in the

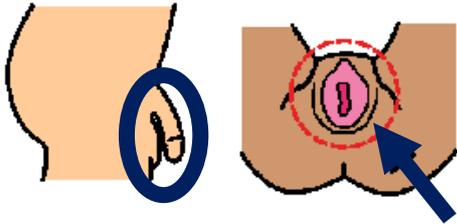
Family Planning Victoria Fact Sheet

New Words to Know.



What is Sex?

There are lots of different ways to have sex.



Sex can be touch

- on a **penis**
- on a **vulva**
- in a **vagina**
- in an **anus**

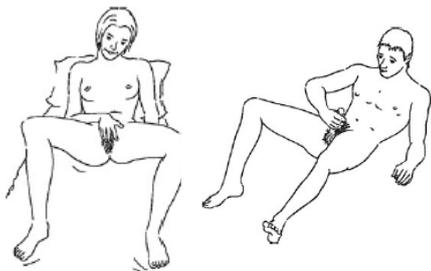


in a sexy way.

It can be

- on your own.

This is called **masturbation**.



or

- with someone else.

This is called **mutual masturbation**.





Sex can also be

- a penis in a vagina.

It may also be called

- **intercourse**

or

- **vaginal sex**

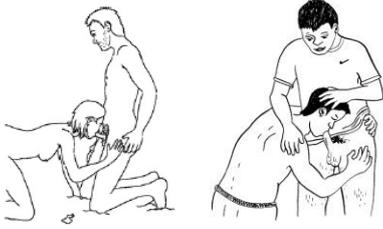
or

- a penis in a bottom.

It is also called your anus.

Sex in your anus is called **anal sex**.





Sex can also be

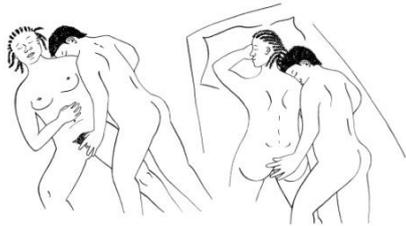
- a penis in a mouth

or



- a mouth on a vulva

This is also called **oral sex**.



Sex can also be

- part of their body, like a finger, in your
 - vagina

or

- bottom.



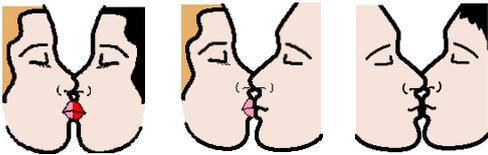
Sex is not



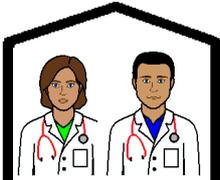
- when you hold hands



- when you hug



- when you kiss.



- a test or check at the doctors.



Like,

- a check of your **breasts** for lumps

or



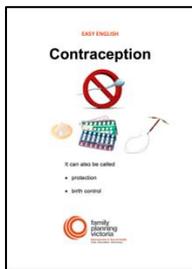
- a **cervical screen**.



Sex is also **not**



It is **not** sex when the doctor or nurse puts
in your **contraception**.

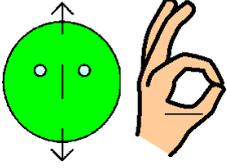


Read about contraception in the
Family Planning Victoria Fact Sheets

- **Contraception**
- **Contraceptive Options. What can I choose?**



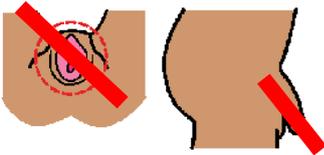
The doctor or nurse needs to do these things
to help you stay well.



You must say this is ok to do.



If you say **no**



The doctor or nurse can **not** touch

- **you**
- **your** private parts.

Images

We have used images from

- Compic
- Change People
- Inspired Services
- Family Planning Victoria
- Boardmaker - Mayer-Johnson
- MicroSoft ClipArt
- Picto-Selector.



This fact sheet is based on the Family Planning Victoria fact sheet Sex and Young People. Date: 5/06/2016



Access Easy English wrote the original Easy English for this Fact Sheet. May 2018.