

EASY ENGLISH

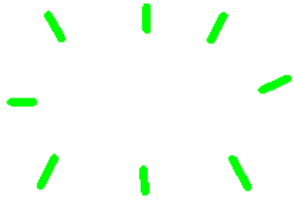
# Unplanned Pregnancy

This means you did  
**not** plan to get pregnant



family  
planning  
victoria

Reproductive & Sexual Health  
Care. Education. Advocacy.



## New words

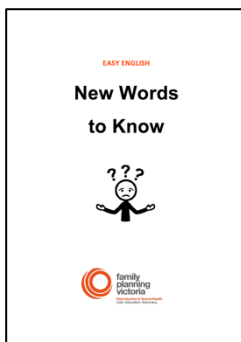
There may be words in this factsheet

- that are new to you and
- you may **not** know what they mean

**or**

- you may be unsure what they mean.

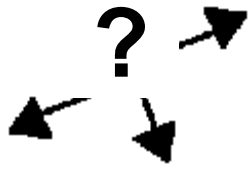
We will make them **blue** the first time we use them.



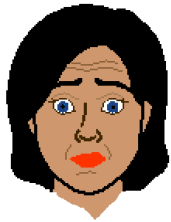
Read about them in the

Family Planning Victoria Fact Sheet

**New Words to Know.**



# You need to make a choice



It can be very hard to make this choice

**but**



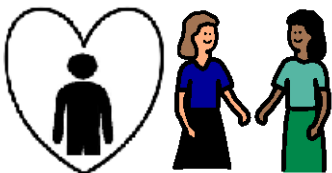
it is **your** choice.



Talk to someone who makes you feel comfortable. Like



- your doctor or nurse
- a counsellor



- your partner
- your friends



- your family.



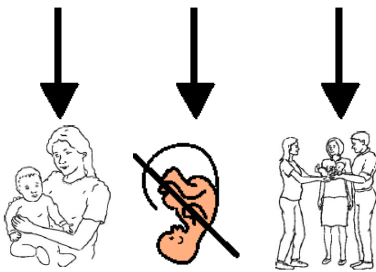
## Remember



It is your choice.



Other people can **not** tell you what you **must** do.



## You have 3 choices

### 1. Have the baby.

Be a parent.



### 2. Abortion.

It means you do something to **stop** the pregnancy.



### 3. Adoption or Foster.

You have the baby

**but**

you give the baby to someone else  
to be the parent.





# 1. Have your baby

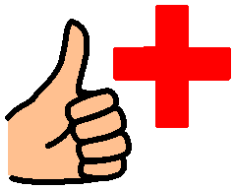
## Be a parent



You find out you are pregnant.



You need to see a doctor or nurse  
as soon as you can.



You must look after

- your health
- and**
- the health of your unborn child.

The unborn child is called a **foetus**.



You need to choose where to have  
your baby.

It can be

- in a hospital
- or**
- at home.

Talk to your doctor or nurse.



## 2. Abortion

This means you do something to **stop** the pregnancy.

It is also called a **termination**.



You find out you are pregnant.



Talk to your doctor or nurse as soon as you can.

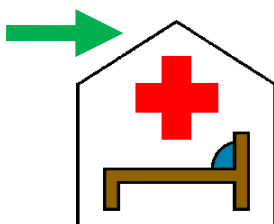


You can have a

- small operation
- or
- take some medicine.

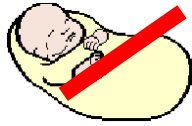
It **stops** your pregnancy.

The doctor will tell you which is best.



You go to hospital or a special clinic.

You will be there for about half a day.



You will **not** have **this** baby.



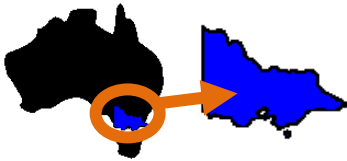
but



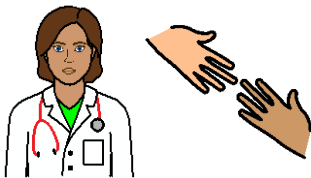
It will **not** stop you having another baby.



There are laws about abortion.



In Victoria.



Your doctor can help you



Sometimes a doctor does **not** want to help you.

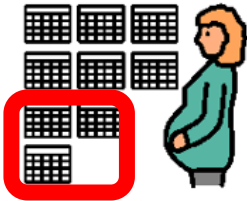


That doctor must find you a different doctor.





When you are **0 to 24** weeks pregnant you can have an abortion.



**After 24 weeks** pregnancy



2 doctors must say it is OK to have an abortion.



### 3. Adoption or Foster

You have the baby.

**but**

you give the baby to someone else to parent.



You find out you are pregnant.



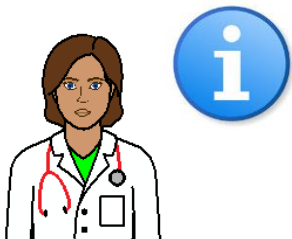
You need to see a doctor or nurse

as soon as you can.



You must look after

- your health
- and**
- the health of your unborn child.



Your doctor will help you get  
more information.



## Any Questions?



Talk to your doctor or nurse.



Family Planning Victoria clinic



Phone 03 6257 0100



My Options



Phone 1800 696 784

Call DHHS and ask for the Adoption and  
Permanent Care Program.



Phone 1 300 650 172



Go to the website Better Health Channel

[www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au)

Look for **Services and Support**.

Click on this.



- Scroll down this page  
Look for **Pregnancy and Birth  
Services**.



Click on this



There are lots of Fact Sheets here.

## Images

We have used images from



- Dreamstime
- Family Planning Victoria
- Boardmaker - Mayer-Johnson
- Picto-Selector.



This Fact Sheet is based on the Family Planning Victoria Unplanned Pregnancy Fact Sheet. Date: 28/06/2018



Access Easy English wrote the original Easy English for this Fact Sheet. May 2018.