

**EASY ENGLISH**

# **New Words to Know**



**family  
planning  
victoria**

**Reproductive & Sexual Health**  
Care. Education. Advocacy.



There are some words in our fact sheets  
that may be

- new
- long

**or**

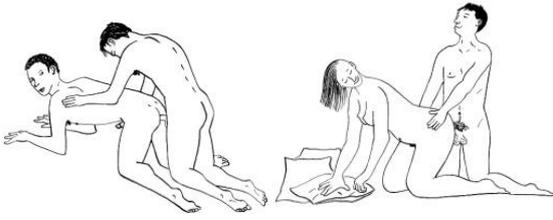
- medical words.

We have made them **blue** the first time we  
use them in each fact sheet.

That is so you know they are here.

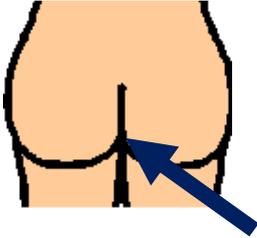


We talk about them here in everyday words.



## Anal Sex

A penis goes into an anus.



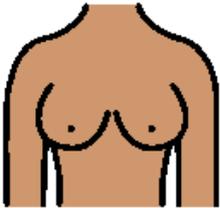
## Anus

It is the hole in your bottom.

Poo comes out of it.

It is also called a

- bottom
- arse
- bum.



## Breasts

Most women have breasts.

They are on her chest.

Breasts can be different sizes.

Most women have 2 breasts.

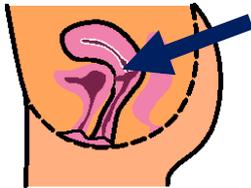
They can also be called boobs.



## Cervical Screen

A test to see if your cervix

- is healthy
- or
- has HPV.



## Cervix

Most females have a cervix.

It is inside.

It is the lower part of the uterus and has a small hole to the vagina.

It opens very wide for a baby to be born.



## Contraception

People use it when they have sex.

It should stop a pregnancy from starting.

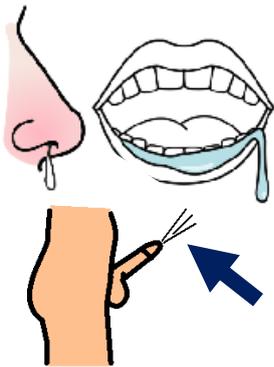
It means there will **not** be a baby.

There are lots of different types of contraception.



## Foetus

The word used when a baby is inside the mother.



## Fluid

They are different liquids.

There is fluid in a

- mouth. This is called saliva.
- nose. This is called mucous.
- bottom. This is called anal mucous.
- penis. This is called semen.
- vagina. This is called vaginal mucous.

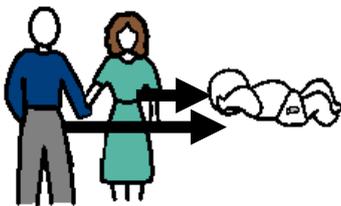


## Genes

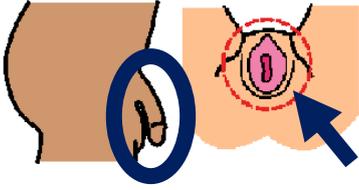
You can **not** see your genes.

Your genes come from your parents.

Your genes say what you will look like. Like,



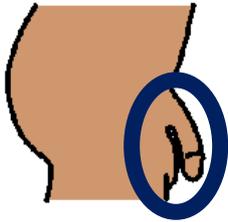
- your eye colour
- your skin colour
- your hair colour
- how tall you may be.



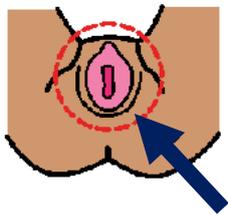
## Genitals

These are your private body parts.

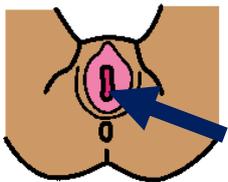
They are between your legs. Like



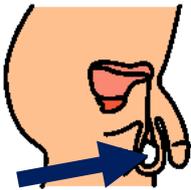
- penis



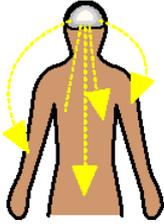
- vulva



- vagina



- testicles.



## Hormones

Everybody has hormones.

You can **not** see your hormones.

They are special chemicals.

They send messages to make changes to a body. Like, when your body changes to an adult.



## Intercourse

It is one way you can have sex.

The penis goes into the vagina.



## Masturbation.

You do this by yourself.

You touch your own body and it feels

- nice
- calm or exciting
- good.



## Mutual Masturbation

You do this with a partner.

You touch or rub each others body  
and it feels

- nice
- calm or exciting
- good.



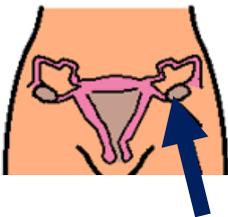
## Oral Sex

You use your mouth and tongue.

You use them on a partner's private parts.

Like, kiss or lick or suck the

- vulva
- penis.



## Ovaries

The place where the ova are kept until they  
are ready for making a baby.

There are 2 ovaries.



## **Ovum**

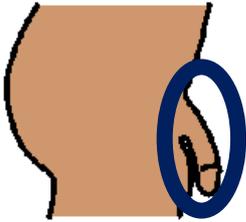
It is the female cell used to make a baby.

It is sometimes called an egg.

More than 1 ovum is called ova.

Ova are inside the female.

They are in the ovaries.



## **Penis**

Most males have a penis.

It hangs between the legs.

It is the soft tube at the front of the body.

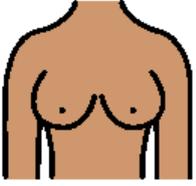
Wee and semen come out of it.

It is sometimes called a dick.

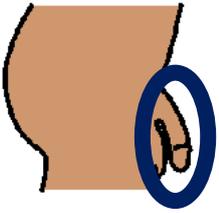


## Private Parts

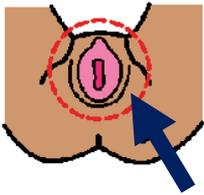
Your private parts are your



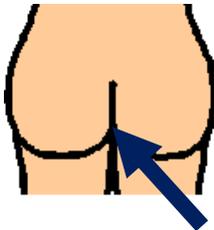
- breasts



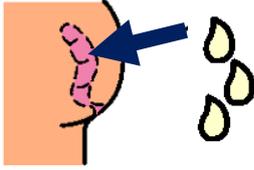
- penis



- vulva

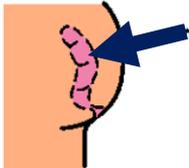


- bottom and anus.



### **Rectal mucous**

Fluid made by the rectum



### **Rectum**

The tube inside the anus.

The poo is kept here until it is ready to come out.

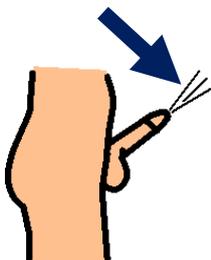


### **Sex Toy**

A device used for having sex

- by yourself
- or
- with a partner.

It is often in the shape of genitals.



### **Semen**

It comes out of the penis.

It only comes out when the penis is hard.

It is a white sticky fluid.

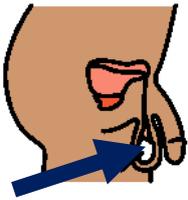
It has sperm in it.



## **Sterile**

There are **no** germs. It is very clean.

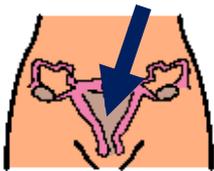
Like, an operating theatre.



## **Testicles**

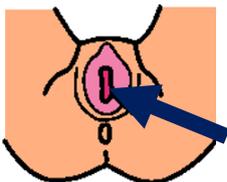
Egg shaped balls that hang under a penis.

This is where the sperm are kept.



## **Uterus**

The part inside a female where the baby grows.

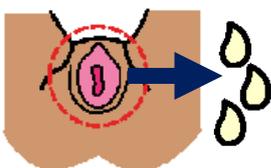


## **Vagina**

Most females have a vagina.

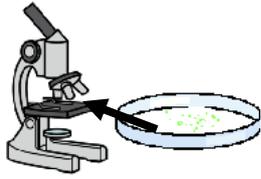
It is a stretchy tube inside the body.

The opening of the vagina is between the legs in the vulva.



## **Vaginal mucous**

Fluid made by the vagina.

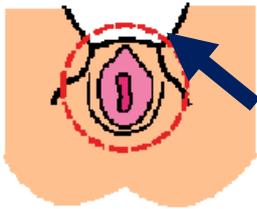


## **Virus**

It is a germ. It is tiny.

You can only see a virus with a microscope.

Some viruses can make you sick.



## **Vulva**

Most females have a vulva.

It is

- between the legs
- the outside parts that you can see.

## Images

We have used images from



- Change People
- ClipArt Panda
- Family Planning Victoria
- Boardmaker - Mayer-Johnson
- Picto-Selector.



Access Easy English wrote the original Easy English for this Fact Sheet. May 2018.