PATIENT INFORMATION

INTRAUTERINE DEVICE (IUD) INSERTION

This information is for patients who have an IUD insertion appointment at Family Planning Victoria (FPV).

We would like to ensure your IUD insertion experience is as straightforward as possible. Please ensure that you have read this information before you attend for your IUD appointment. If you have any questions, feel free to call us: (03) 9257 0100.

IMPORTANT:
IT IS NOT SAFE TO INSERT AN IUD IF THERE IS A CURRENT RISK OF PREGNANCY

Prior to your appointment:

• Until your IUD is inserted:
  o use an effective method of contraception.
  o do not rely on withdrawal or natural methods of contraception.
  o If we need to call an ambulance following insertion of your IUD (this is very rare) and you do not have ambulance transport cover you may incur significant additional costs
• Watch the video on IUD insertion and read the FPV fact sheet ‘Intrauterine Devices’ on our website (fpv.org.au).

On the day of your appointment:

• Ensure you eat as normal; an empty stomach is not necessary.
• Take 2 ibuprofen OR 2 naproxen an hour prior to your appointment time.

Other concerns and risks to be aware of:

• Sometimes the doctor is unable to get the IUD into place.
• The doctor might make a hole in the wall of the womb (1 in 300). The IUD can pass through the hole and will need to be removed by keyhole surgery.
• The IUD can fall out.
• You might develop an infection (1 in 300).
• The IUD might fail; if you become pregnant see a doctor as soon as possible.

We are not able to accommodate children in an IUD appointment.

You will receive an SMS a few days prior to your appointment with a link to an online question page. You must be able to answer true to each question to be eligible to attend for insertion. However, if you change your mind, please let us know as soon as possible – call (03) 9257 0100

Cost:

Cost: The cost of having an IUD fitted depends on which type of IUD you choose and whether or not you have a healthcare, pension or other concession card.

Our fee estimate schedule is available to view on our website (fpv.org.au).

Please note: whilst the risk of an IUD being unable to be inserted is very low, in the event this does occur we are unable to reimburse any device/dispensing fees and additional fees may be incurred if a second and/or alternative device is selected.