



Community Outreach Service Professional Learning Programs

2021-2022

The courses listed below are FREE for Victorian based youth and community organisations and professionals working with young people aged 12-25, outside of a mainstream secondary school setting or who are at-risk. The Community Outreach coordinator will liaise with you to propose which model of the full day program for organisations will be delivered to you.

Learning intentions of all courses:

Participants will:

- Examine legislation that supports all young people to access sexual and reproductive education, information, and health care, including laws and duty of care.
- Learn about reducing the risk of STI and BBV transmission and unintended pregnancy.
- Identify ways to engage in discussions around sexual and reproductive health.
- Develop strategies for answering questions with confidence.
- Participate in a Q&A with an experienced youth and community nurse educator.

1. 'Young People's Sexual Health'- a full day eLearning or face to face training experience for a group of staff from a youth and community organisation.

The eLearning delivery model:

- A date for staff training is booked for a Zoom classroom. The time of the online classroom, regardless of date, is 9.15am to 2.30pm, which includes small breaks and a lunch break.
- Each staff participant will be required to enrol individually with us, to be then sent a link to access the free online learning module package.
- Participants complete an online learning module, prior to attending the booked Zoom classroom session. It is recommended that they enrol at least 1 week prior to the Zoom classroom, so they can complete these tasks. Average time to complete tasks is 2 hours.
- After attending the live classroom session, participants will have access to the online learning module for 6 months. This includes access to further resources, downloadable content, such as activities to use with young people regarding their reproductive and sexual health. Non classroom attendance means these privileges to this resource is restricted.

The Face-to-Face learning delivery model:

- A date for staff training is booked. The time of the face-to-face delivery is usually 9.15am-4.30pm but this is flexible.
- After attending the day, participants will have the option to enrol in our online system so they can access our free online learning package for 6 months. This package includes copies of the presentations delivered on the day, as well as access to two free online learning modules to compliment what was learnt in the classroom as well as access for 6 months to further resources, which includes downloadable content, such as activities to use with young people regarding their reproductive and sexual health. Each staff participant who attended the training will be required to enrol individually to be then sent a link to access the online



learning module package. Staff who did not access the training day will be unable to enrol for this eLearning package.

NB Please note, to be able to deliver this face-to-face training for free, we are unable to provide refreshments or lunch.

To book either model of the full day course please register via our website link here:

<https://www.fpv.org.au/courses/young-peoples-sexual-health-full-day-course-online?section=professional-learning-support>

2. ‘Sex in the City-Young People’s Sexual Health’- a full day eLearning or face to face training experience for individual youth and community workers

Sometimes, staff are rostered onto days when they can’t attend staff training dates, so our “Sex in the City-Young People’s Sexual Health” course caters for this and enables an individual youth and community worker to engage in professional learning with us.

This course has the same content as the ‘Young People’s Sexual Health’, course for organisations, but this is for individual professionals rather than organisational group bookings. This means that you will be participating in the classroom with other members of the youth and community sector, so a great way to network! There are set dates throughout the year on the website, which will indicate the mode of delivery for that date. Link here:

<https://www.fpv.org.au/courses/young-peoples-sexual-health-identity-wellbeing?section=professional-learning-support>

The feedback from course participants for our courses has been fantastic. Some quotes in the evaluations are:

- *“I just feel so much richer for participating in the training today and I know my colleagues, young people I work with, friends and families will benefit.”*
- *“Learning all the different resources available to utilise while working with the young people.”*
- *“Preparing clients better prior to attending GP/clinics and the type of questions that would be asked.”*
- *“How to approach sexual health talk with young people and support them. Giving young people knowledge on their sexual health like contraception.”*
- *“The importance of ensuring we promote sexuality and inclusion more proactively within our placements.”*

Most participants either agree or strongly agree that they have:

- increased their knowledge in how to provide support to young people with their reproductive and sexual health.
- increased their confidence in their ability to support young people with their reproductive and sexual health.

We are very proud that the content of the courses is proving to be valuable to the participants and have enabled them to start or continue to have, conversations with young people about the reproductive and sexual health.

Many thanks and stay safe

Alison

Alison Duffin, RN. she/her
Community Outreach Coordinator/Senior Nurse Educator