

IUD and cervical cleansing

Family Planning Alliance Australia: Statement from the Clinical Reference Group of the Medical Advisory Committee January 2020

Evidence is lacking to support the use of antiseptics to cleanse the cervix prior to IUD insertion. Excessive debris such as mucus can be removed from the cervix or vulva with sterile cotton balls or gauze soaked in saline as an alternative to antiseptic. Sexually transmitted infections (STI) are not affected by standard antiseptics used to cleanse the cervix. If there are concerns regarding STI risk, a swab should be taken prior to or at the time of insertion. Post insertion pelvic inflammatory disease can be treated with antibiotics without removing the IUD and patients should be advised to seek review if symptoms are present following IUD insertion.



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The Medical Advisory Committee of Family Planning Alliance Australia is comprised of senior medical educators, senior medical officers and medical directors of the member family planning organisations. The Clinical Reference Group of the Medical Advisory Committee exists as a means to review current clinical practice and provide evidence based recommendations for use by sexual and reproductive health practitioners where clinical guidance is lacking.

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State / Territory sexual health and family planning organisations



Western Australia SHQ (Sexual Health Quarters) shq.org.au



ACT
Sexual Health and Family
Planning ACT
shfpact.org.au



Northern Territory
Family Planning Welfare
Association of NT
fpwnt.com.au



New South Wales Family Planning NSW fpnsw.org.au



South Australia SHINE SA shinesa.org.au



Victoria Sexual Health Victoria shvic.org.au



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Family Planning Tasmania.

Tasmania Family Planning Tasmania fpt.asn.au