

Family Planning Victoria offers a wide range of professional development opportunities in the area of Sexual and Reproductive Health. This calendar is designed to provide an overview only. For details such as course accreditation, course eligibility, assessment and entitlements, as well as a more detailed description of course content, please contact the course registrar.

For all training course inquiries: Tel: (03) 9257 0133 Fax: (03) 9257 0112 E-Mail: registrar@fpv.org.au Internet: www.fpv.org.au

For Medical Practitioners - Certificate in Sexual & Reproductive Health

This is an intensive course covering important specialist information on Sexual and Reproductive Health. The course is accredited nationally by SH & FPA (Sexual Health & Family Planning Australia). It is also accredited by the RACGP and ACRRM.

The course has two components: **1. Theory** - 5 days (Mon to Fri) followed by exams on Saturday **2. Practicum** - 7 practical sessions.

Course Content

- Sexual history taking
- Contraception - all methods with optional Implanon training
- STIs - diagnosis and management - bacterial and viral STIs including BBV and HIV, HPV and Pap smears
- Common gynaecology
- Sexual & relationship counselling
- Aspects of sexual dysfunction
- Sexuality

Entitlements

SH & FPA Certificate in Sexual & Reproductive Health is awarded after a participant Has successfully completed both the theory and the practicum. FPV Certificate of Attendance is provided to a participant who completes the 5-day theory course only.

Course Fee: Theory & Clinical - \$1,570 + \$157 GST = **\$1,727.00**
 Theoretical Only - \$920 + \$92 GST = **\$1,012.00**

Dates: **4-8 February 08**

For Division 1 Nurses - Certificate in Sexual & Reproductive Health & Pap Test Provider

Part One - Increase awareness of the diversity of sexual experience & issues associated with sexual and reproductive health.

This 5-day course explores the social, environmental & physiological aspects of sexual health. For nurses who wish to specialise in women's health or sexual and reproductive health. Part One provides the essential body of knowledge required for the development of clinical competencies needed to meet the national standards for Pap smear test provision.

Note: Part One is a pre-requisite for the Certificate in Sexual and Reproductive Health (Nursing) Part Two.

5-day Main Topics

- Sexual & reproductive health issues in specific population groups
- Medico-legal issues
- Sexually transmissible infections
- Contraceptive options
- Cultural and age related issues & specific health issues

Course Fee: \$900.00 + \$90.00 GST = **\$990.00**

Dates: **18-19 February, 27-29 February 08**

Part Two - Continue on from Part One - building on topics already covered.

The course is structured as a 5-day program. It includes intensive sessions on the role and practice of the sexual and reproductive health nurse, and, in particular, issues involved in a sexual health consultation and Pap smear test. The course builds on topics covered in Part One and encourages a holistic and comprehensive primary healthcare approach.

Main Topics

- Role and practice of the Sexual & Reproductive Health Nurse
- Communication skills
- Pap smear, pelvic exam, diaphragm fitting
- Breast examination clinical skills
- Current professional and medico-legal issues

- Sexual assault and domestic violence

Course Fee: \$1100.00 + \$110.00 GST = **\$1210.00**

Dates: **7-11 April 08**

The Pap Test & Introduction to Sexual Health - A Course for Nurses wishing to work as a Pap Test Provider

This course may be of particular interest to Div 1 Registered Nurses working in general practice. The course is structured as a four-day program. It includes intensive theory and practical sessions on the role and practice of the Pap test provider and also introduces the topics of contraception, sexually transmitted infections, continence, breast health and menopause. Participants are also required to undertake a half hour tutor client session, and gain competency in 15 Pap tests during clinical placement (to be arranged by course participant). FPV utilizes a Preceptorship model of practice to promote a supportive environment while participants develop confidence and competence in cervical screening. Clinical supervision is provided by FPV nurse preceptors and in some instances, general medical practitioners who are familiar with the National Standards for Nurse Pap Test Providers (1997). These standards form the basis of the competency assessments.

Main Topics

- Roles & responsibilities of the Pap test provider
- Medico-legal issues, assessment skills & sexual history taking
- Pap test workshop (with tutor client)

Course Fee: \$1100.00 + \$110.00 GST = **\$1210.00**

Dates: **26-29 May 08**

For All Health Professionals - Pregnancy Choices

A workshop for professionals who support clients presenting with unplanned pregnancy

Clients who present with unplanned pregnancies present a major challenge to professionals whose role includes the provision of support. This interactive workshop promotes a broader understanding of the reasons for unplanned pregnancy and the options available to clients. The 3-day workshop utilises the knowledge and experience of experts in the field. This Workshop is designed to enhance the practice of General Practitioners, registered Nurses and other professionals with an interest in the area.

Course Content

- Unplanned pregnancy – history and context
- Pregnancy options - support
- Pre-natal screening
- Spiritual and cultural issues
- Individual needs
- Medico-legal issues
- Core counselling skills and principles

Workshop Entitlements

Certificate of Attendance The Pregnancy Choices course has been accredited by the RACGP QA & CPD Program for 30 Category 1 points for the 2005-2007 triennium.

Course Fee: \$400 + \$40.00 GST = **\$440.00**

Dates: **28-30 April 08**

Family Planning Victoria also offers workshops on a wide range of topics for Teachers, School Nurses, Disability Workers, Youth & Community Workers and Parents

They include:

- Talking Sexual Health
- Talking Tough: Sexuality & Young Men

- Teaching the Circles Concept
- Self Esteem and Sexual Decision Making
- plus many others

These workshops are conducted at our Box Hill site or on your premises by request.