

FAMILY PLANNING VICTORIA

PROVIDES:

Confirmation of pregnancy

Information and discussion on all options and choices, ie

Continuing the pregnancy

Adoption or other care options

Information on termination

Counselling

Future contraception needs



FAMILY PLANNING VICTORIA

SERVICES ARE AVAILABLE AT:

BOX HILL

Monday to Friday 9.00 am to 5.00 pm

Wednesday 9.00 am to 9.00 pm

ACTION CENTRE

Monday to Friday 10.00 am to 6.00 pm

BOX HILL
901 Whitehorse Road
(PO Box 1377)
Box Hill 3128

1800 013 952
03 9257 0100

ACTION CENTRE
Level 1, 92-94 Elizabeth Street
Melbourne 3000

1800 013 952
03 9654 4766



FAMILY PLANNING VICTORIA

“PREGNANCY CHOICES” SERVICE



FAMILY PLANNING VICTORIA

Our fully confidential counselling service provides all options and choices without discrimination. We call our service

“Pregnancy Choices”

Comprehensive unbiased information and counselling, about planned and unplanned pregnancy.

What is the “Pregnancy Choices” Service?

Pregnancy can be a time of great excitement, happiness, concern, sadness or not being sure about where to from here.

The FPV Pregnancy Choices Service provides a supportive environment where women and their partners, family and friends can discuss the full range of issues and options in an unbiased manner.

Our service is provided by health professionals who have undertaken additional training in pregnancy counselling. FPV have been providing this service for over 20 years.

Who Comes to the Pregnancy Choices Service?

- ▶ Women seeking pregnancy confirmation.
- ▶ Women with planned or unplanned pregnancies.
- ▶ Women considering all options regarding their pregnancy.
- ▶ Women grieving after loss of pregnancy.

What Can You Expect When You Come to a Pregnancy Choices Appointment?

Confirmation of pregnancy.

Provision of information and discussion on all options and choices including -

- ▶ Continuing the pregnancy – including referral and appointments for ante-natal care, medical, hospital, and birthing centre, appropriate community support agencies, and organisations providing financial support.
- ▶ Adoption or other care options including information about process and legal aspects, the rights of all carers and the child. Referrals to adoption/care agencies.
- ▶ Termination of Pregnancy – including legal aspects, risk factors, surgical procedure, anesthesia costs and referrals. Referrals to termination providers or other care options.
- ▶ Counselling is available to those who are unsure about which option to choose. This often involves more than one session.
- ▶ Counselling is also available following a pregnancy termination.
- ▶ Future contraception needs can also be discussed and referrals made.

How to Contact Our Pregnancy Choices Service at Family Planning Victoria

- ▶ Telephone for an appointment:

Box Hill Phone: 9257 0100

Action Centre Phone: 9660 4709

- ▶ Visit our drop-in service and be seen by a Doctor or Nurse.

Visiting a Family Planning Service

- ▶ Referral is not required.
- ▶ Telephone for an appointment or use our drop-in service which is available in the afternoons. Phone to find out more.
- ▶ Strictly confidential.
- ▶ Interpreters are available – free of charge.
- ▶ Wheelchair access and facilities are available for people with a disability.

INFORMATION & COUNSELLING ABOUT ALL OPTIONS & CHOICES