

REGISTRATION FORM

Family name: _____
 First name: _____
 Home address: _____

 Postcode: _____
 Home phone: _____
 Mobile: _____
 Email: _____
 Workplace: _____
 Work phone: _____
 Current role/occupation: _____

Please register me in:

Course Name	Date	Amount
TOTAL (includes GST)		

Who is paying for your course?

Myself
 My employer
 Employer's address: _____

 Postcode: _____

Cash Cheque Money Order
 Visa MasterCard

Card No: / / /
 Expiry Date: _____
 Cardholder's Name: _____
 Signature: _____

Please send me information about FPV's courses and activities.

Family Planning Victoria
 901 Whitehorse Road Box Hill VIC 3128
 PO Box 1377 Box Hill VIC 3128
 T/ 03 9257 0133 F/ 03 9257 0112
 Email: registrar@fpv.org.au
 ABN 97 379 402 182



Teaching sexuality and relationships

2010 calendar

Family Planning Victoria
 901 Whitehorse Road
 Box Hill VIC 3128
 T / 03 9257 0100
 F / 03 9257 0111
 www.fpv.org.au

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Teaching sexuality and relationships

The Victorian Essential Learning Standards include sexuality education as a compulsory component of the curriculum from Prep to Year 10.

Family Planning Victoria can help you develop or teach your sexuality education program.

1. Building sexual health literacy programs

FPV can work with your school community to help you develop a sustainable, whole-school sexual health program that meets VELs and builds sexual health literacy in your students. We help you:

- design your program
- ensure your school policies reflect the values in your program
- understand and include your parent community
- build confidence and skills in your staff.

2. Professional development program

Conducted by experienced classroom teachers, our practical workshops will give you confidence, ideas, strategies and activities to use with your students. You'll learn what resources are available and how to use them to help your students develop sexual health literacy and meet VELs.

Our courses are approved by the Victorian Institute of Teaching and listed on PDI. As well as our in-house program, we can also conduct professional development sessions in your school.

3. Classroom sessions

Each year, our expert educators are available to conduct a limited number of fee-for-service sexual health education sessions in schools. These sessions are designed to kick start your program and contribute to your ongoing work. They aim to prepare participating teachers to teach sexual health by:

- enhancing their sexual health knowledge base
- helping them become comfortable with lesson content and language
- modelling effective strategies for teaching sexual health.

2010 sessions include:

Primary

Grade 3 / 4 Program – human development across the lifespan

Grade 5 / 6 Program – social, physical and emotional changes of puberty

Secondary

Safer Sex, Contraception and STIs

Healthy Relationships

Sexual Decision Making

4. Parent / carer information nights

Recent research shows most parents want their children to have sexuality education at school. A great way to engage and reassure your parent/carer group is through an information night. We can help you tailor a session that's right for your group.

For more information on any of these services, contact our registrar.

P/ 03 9257 0133
E/ registrar@fpv.org.au

2010 Professional Development program

Venue

All courses conducted at Family Planning Victoria, 901 Whitehorse Rd, Box Hill.

Time

All courses run from 9.30am to 4.30pm. Please arrive at 9.15am for registration.

Cost

All costs include morning and afternoon tea and resources.

Starting Out – An overview of sexuality education

This course will enable you to establish a sexuality education program in your school or community setting.

Guided by expert teachers of sexual and reproductive health, you will learn age-specific information and effective teaching strategies and activities for classroom and group work.

Topics include:

- current theories on effective sexuality education
- latest research into adolescent sexual practices
- how to work with parents and address common parental concerns
- effective strategies for dealing with difficult classroom situations
- how sexuality education aligns with VELs.

Date: 25 February

Cost: \$220.00 (incl GST)

Talking Sexual Health (VELS 4-6)

This intensive two-day course provides an opportunity for teachers, youth workers and school and community health nurses to develop their knowledge of sexual and reproductive health.

Explore the way belief structures, gender and power relations and social competence impact on sexuality.

Learn effective teaching strategies and classroom activities to discuss coercion, consent, intimacy, respectful relationships and same sex attraction.

Topics include:

- sexual identity, behaviour and orientation
- homophobia and heterosexism
- contraceptive methods
- STIs
- how to work with parents and address parental concerns.

Date: 19-20 April or 21-22 October

Cost: \$350.00 (incl GST)

NEW COURSE

Teaching respectful relationships (VELS 6)

This new and innovative course will enable you and your students to explore healthy relationships and the roles and responsibilities of young people. Identify the characteristics of healthy and unhealthy relationships and learn effective teaching strategies and activities to teach harm minimisation in sexual decision-making.

Topics include:

- sexual intimacy
- same sex attraction
- the law and consent/coercion
- stereotypes about young people and sex.

Date: 19 July 2010

Cost: \$220.00 (incl GST)

ABC of Teaching Primary Sex Education (VELS 3-4)

A practical workshop for primary school teachers teaching sexuality education to students from Prep to Year 6, with a particular focus on years 5 and 6.

Learn practical ideas and classroom activities to enhance your teaching of the biological, social and emotional aspects of human development, focusing on puberty and its impact on the roles and responsibilities of young people.

Topics include:

- conception, pregnancy, birth and puberty
- latest research into effective teaching strategies
- how to work with parents and address common parental concerns
- effective strategies for dealing with difficult classroom situations.

Date: 14 May or 3 December

Cost: \$220.00 (incl GST)

Bridging the Gap: Sex Ed for 7s & 8s (VELS 5)

A comprehensive, VELs-based workshop to help you develop your understanding of adolescence and sexuality and the factors affecting young people at this stage of life.

Learn fun classroom activities and innovative ways to explore relationships and dating, self-esteem and sexual decision making.

Topics include:

- safer sex and harm minimisation
- relationships and dating
- the law relating to sex and sexual health services
- assisting young people to identify their sexual health needs
- accessing reliable sexual health information
- effective strategies for dealing with difficult classroom situations.

Date: 15 March or 22 June

Cost: \$220.00 (incl GST)

STIs and Contraception Update (VELS 5&6)

Update your knowledge of sexually transmissible infections (STIs) and the latest methods of contraception.

Develop your understanding of the sexual behaviour of young people and learn effective strategies for teaching sexual health harm minimisation.

Topics include:

- best practice methods for teaching safer sex
- contraceptive methods
- STIs: statistics, testing and treatments.

Date: 20 May or 17 August 2010

Cost: \$220.00 (incl GST)

Talking Tough: Sexuality & Young Men

A practical, activity-based program for youth and community workers, teachers and parents of young men 'at risk'.

Learn how to address negative behaviours, determine boundaries and implement effective programs in your local setting.

Topics include:

- current theories on masculinity
- sexual behaviour, orientation and identity
- homophobia and heterosexism
- gender and power
- coercion and consent.

Date: 26 July 2010

Cost: \$220.00 (incl GST)

To register, please complete the attached registration form and send with your payment to:

Registrar
Family Planning Victoria
PO Box 1377
Box Hill 3128
F/ 03 9257 0112
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E/ registrar@fpv.org.au

