



FAMILY PLANNING VICTORIA

# Teaching sexuality and relationships

Family Planning Victoria's  
2008 Workshops

Conducted by experienced teachers for:

- Teachers
- Youth workers
- Community development workers
- Community health nurses
- School nurses
- Parents

workshops 2008

## Special Needs

### Human Relations Education in Special Developmental Schools

Learn practical strategies for teaching an effective human relations program in your SDS and see how you can use the Circles concept in a whole school approach. Our experienced educators understand the difficulties of teaching human relations in an SDS.

### Human Relations Education in Special Schools & Teaching Units

Our experienced educators will outline an effective, integrated human relations program to suit your special school. You'll learn strategies for teaching the program at a whole school level, including the popular Circles Concept.

### Teaching the Circles Concept A Whole School Approach

Learn practical and fun ways of teaching the Circles Concept to children with an intellectual disability. We'll discuss how to make it work, what strategies to use and how to include the whole school community.

## Accredited course

### CHCYTH2C Traffic Lights — Identifying and Addressing Sexualised Behaviours

Learn how to provide care and protection for young people through this accredited, competency-based unit provided by our Registered Training Organisation. This assessed course will enable participants to:

- identify and respond to the needs and risks of young people
- provide support to young people with special needs and sexualised behaviours.

Successful participants receive a Statement of Attainment.

## Primary

### ABC of Teaching Primary Sex Education

A practical workshop for teachers eager to deliver age-appropriate sexuality education for students from Prep to Year 6. Learn ideas and strategies for teaching protective behaviours, reproduction, pregnancy, birth and puberty.

### Sex Education & Disability in Primary School

A half-day workshop filled with practical strategies for teaching sexuality education to children with various cognitive disabilities. Discuss issues such as keeping safe, public/private, puberty, menstrual management and appropriate sexual behaviour.

## Primary and Secondary

### Starting Out

If you haven't taught sexuality and reproductive health before, or it's been a while since you have, this course is the lifeline you need.

Led by real teachers who teach sexuality and reproductive health in real classrooms, you'll learn important information about sexual and reproductive health as well as teaching strategies and classroom activities specific to your level.

### SafetyNet.com

Internet, SMS, mobiles, chatrooms, MSN, MySpace, YouTube — empower children and young people to deal with cyber predators and bullies with practical classroom activities. Hear ideas for running a session for parents.

## Secondary

### STIs & Contraception Updates

Update your knowledge of Sexually Transmissible Infections (STIs) and the latest contraceptives and learn new and exciting classroom and group work strategies for teaching safer sex.

### Party Party Party!

Help young people survive the party season without tears with practical, down-to-earth strategies and resources that help students understand the strong links between sex and drugs and how to play safe.

### Bridging the Gap: Sex Ed for 7s & 8s

A VELS-based workshop designed especially for teachers working with year 7 and 8 students. Learn great ideas for classroom activities that explore relationships, alcohol, drugs and sex, self esteem and sexual decision-making.

### Talking Sexual Health (2 days)

A chance for teachers, youth workers, community health nurses and others responsible for the wellbeing of young people to explore the way belief structures, gender and power relations and social competence impact on sexuality. Hear the latest research and learn fun teaching strategies that work with young people.

### Talking Tough: Sexuality & Young Men

An activity-based program for youth and community workers, teachers and parents of young men 'at risk'. Learn how to address negative behaviours, determine boundaries and implement programs in your local setting.

## Parent Information Evenings

While studies show parents want their children to be given correct, up-to-date information on sexuality issues, they often feel uncomfortable talking about these issues with their children. Help your parent-body break through the discomfort barrier with an informative and fun 1 1/2 hour evening session conducted by our experienced educators in your own school. To arrange, call us on (03) 9257 0133. Cost: \$198.00 (incl GST).

## Professional Development

Equip your staff to deal with any emerging issues with a tailor-made workshop at your school or organisation. Sessions we have run include:

Dealing with:

- sexualised behaviour and inappropriate sexual language
- homophobia and same sex attraction
- teen pregnancy
- safer sex and contraception
- sexual decision-making
- safe partying
- gender and power
- consent and coercion.

To discuss how we can tailor a program to suit you, please call (03) 9257 0133.

## Cancellation Policy

A cancellation fee is charged for cancellations made within 10 working days of a course/workshop commencing. This fee is 10% of the course fee or \$20.00, whichever is the greater.

# timetable 2008

Date	Topic	Time	Cost	Target
<b>February</b>				
Monday 25	Starting Out	9.30am-4.30pm	\$165	P & S
<b>March</b>				
Wednesday 5	A Whole School Approach to Teaching the Circles Concept	1.30pm-5.00pm	\$77	SN
Thursday 6 & Friday 7	Talking Sexual Health	9.30am-4.30pm both days	\$275	S
<b>April</b>				
Monday 14	CHCYTH2C: Traffic Lights			
Thursday 17	SafetyNet.com	9.30am-4.30pm	\$165	P & S
Tuesday 22	ABC of Teaching Primary Sex Education	9.30am-4.30pm	\$165	S
<b>May</b>				
Thursday 8	Human Relations Education in Special Developmental Schools	9.30am-4.30pm	\$165	SN
Tuesday 13	Bridging the Gap: Sex Ed for Year 7s and 8s	9.30am-4.30pm	\$165	S
Monday 19	Human Relations Education in Special Schools & Teaching Units	9.30am-4.30pm	\$165	SN
<b>June</b>				
Tuesday 10 & Wednesday 11	Talking Sexual Health	9.30am-4.30pm both days	\$275	S
Thursday 19	Sex Education & Disability in Primary Schools	1.30pm-4.30pm	\$77	SN
<b>July</b>				
Wednesday 23	Party Party Party	4.00pm-7.00pm	\$66	S
Monday 28	Talking Tough: Sexuality & Young Men	9.30am-4.30pm	\$165	S
<b>August</b>				
Monday 18	STIs & Contraception Updates	9.30am-4.30pm	\$165	P
<b>October</b>				
Monday 20 & Tuesday 21	Talking Sexual Health	9.30am-4.30pm both days	\$275	S
Wednesday 29	Party Party Party	4.00pm-7.00pm	\$66	S
<b>December</b>				
Monday 8	Starting Out	9.30am-4.30pm	\$165	P & S

SN = Special Needs    P = Primary    P & S = Primary and Secondary    S = Secondary

NOVEMBER 2007

## Family Planning Victoria

**Box Hill**  
 901 Whitehorse Road  
 (PO Box 1377)  
 Box Hill Vic 3128  
 Ph: (03) 9257 0133  
 Fax: (03) 9257 0112

[www.fpv.org.au](http://www.fpv.org.au)



FAMILY PLANNING VICTORIA

## 2008 Sexuality and Relationships Workshops Registration

Family name: \_\_\_\_\_  
 First name: \_\_\_\_\_  
 Home address: \_\_\_\_\_  
 Postcode: \_\_\_\_\_  
 Home phone: \_\_\_\_\_  
 Workplace: \_\_\_\_\_  
 Work phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Current role/occupation: \_\_\_\_\_  
 Please register me in: \_\_\_\_\_

Course Name	Date	Amount

Total amount: \$ \_\_\_\_\_

Cash     Cheque     Money Order  
 Visa     Mastercard

Card No: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_

Signature: \_\_\_\_\_

**For further details**  
**Family Planning Victoria**  
 Ph: (03) 9257 0133 Email: [registratr@fpv.org.au](mailto:registratr@fpv.org.au)