family planning victoria
Sexual & Reproductive Health
Care. Education. Advocacy.

Sexuality and intellectual disability

CHCEDU003: Provide sexual and reproductive health information to clients

Discussing sexual and reproductive health with clients with intellectual disability can improve their sexual and reproductive health.

Timely, accurate and honest information can help your clients to understand the importance of their own sexual and reproductive health and avoid adverse health outcomes such as an unwanted pregnancy and sexually transmissible infections.

Are you confident that you have the knowledge and skills to inform and assist your clients in this area of their health?

Family Planning Victoria can offer this course that has been designed for disability professionals, social workers, youth workers, Aboriginal workers, other allied health professionals and service providers who provide sexual and reproductive health information to clients with intellectual disability.

Sexuality and intellectual disability is delivered by Family Planning Victoria's experienced sexuality educators over two days. Topics covered include:

- *understanding personal and social values and attitudes and the potential impact on information provision*
- *self-esteem and self-concept*
- *knowledge of community resources, organisations and referral networks*
- *heteronormativity*
- *basic knowledge and understanding of sexuality development across the lifespan, including:*
  - *anatomy and physiology of human sexuality*
  - *sexual function and dysfunction*
  - *pregnancy, birth and contraception*
  - *reproductive and sub-fertility issues*
  - *sexuality events in the lifecycle*
  - *diversity including sexual orientation and gender diversity*

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Dates: ☐ **21 – 22 March 2016** ☐ **20 – 21 June 2016**
☐ **12 – 13 September 2016** ☐ **5 – 6 December 2016**

Venue: Family Planning Victoria, 901 Whitehorse Rd, Box Hill 3128

Cost: $560 (GST free)

! **Places are limited and will fill quickly, so register early to ensure you don't miss out. Visit www.fpv.org.au for registration details or contact our CEU Coordinator for information about this or any of our other disability education courses.**

E/ ceu@fpv.org.au or T/ 03 9257 0129

2014 Victorian Disability Sector Awards
Celebrating excellence in practice
Winner: Excellence in Improving Health Award

NDS National Disability Services

State Government Victoria

Nationally Recognised Training
Reg. No. 21 902

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Expression of interest form

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Contact details

First name: …… Preferred name: ……

Family name: …….. Date of birth: ……

Home address: …… Postcode: ……

Email: …… Phone: ……

Mobile: …… Current position: ……

Main employer: ……

Address: ……Postcode: ……

Please note: If you are working at multiple places, please state the place of employment that funded the course. If the course is self-funded, please state the place of employment where your majority of hours are worked.

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