

## REGISTRATION FORM

Family name: .....

First name: .....

Home address: .....

Postcode: .....

Home phone: .....

Mobile: .....

Email: .....

Workplace: .....

Work phone: .....

Current role/occupation: .....

### Please register me in:

Course Name	Date	Amount
<b>TOTAL (includes GST)</b>		

### Who is paying for your course?

Myself

My employer

Employer's address: .....

Postcode: .....

Cash       Cheque       Money Order

Visa       MasterCard

Card No:      /      /      /

Expiry Date: .....

Cardholder's Name: .....

Signature: .....

Please send me information about Family Planning Victoria's courses and activities.

### Family Planning Victoria

901 Whitehorse Road Box Hill VIC 3128

PO Box 1377 Box Hill VIC 3128

T/ 03 9257 0133 F/ 03 9257 0112

Email: registrar@fpv.org.au

ABN 97 379 402 182

**We can tailor our professional development programs to suit the needs of your school.**

**Our practical workshops will give you skills, confidence, ideas, strategies and activities to use with your students. You'll learn what resources are available and how to use them to help your students develop sexual health literacy and meet VELS requirements.**

Our courses are approved by the Victorian Institute of Teaching, listed on Pdi and conducted by experienced classroom teachers.



**Teaching sexuality and relationships professional development courses 2012**



### Family Planning Victoria

901 Whitehorse Road

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www.fpv.org.au

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## 2012 Professional development

### Teaching sexuality and relationships

The Victorian Essential Learning Standards (VELS) include sexuality education as a compulsory component of the curriculum from Prep to Year 10.

**With over 40 years of providing sexual health education and professional development to Victorian schools and teachers, Family Planning Victoria can help you develop your sexuality education program in a number of ways.**

#### SafeLanding: a model and toolkit for building sexual health literacy

**Family Planning Victoria can help you develop a sustainable, whole-school sexuality education program that meets VELS requirements and builds the sexual health literacy of your students.**

Our SafeLanding approach provides:

- professional development to build confidence and skills of your staff
- a resource toolkit with sample programs and classroom activities
- leadership support/training to ensure your school policies and curriculum align with your program and classroom practice
- ways to understand and include your parent/carer community.

While SafeLanding is designed for clusters of schools, the program can be tailored for individual schools, enabling the delivery of a best-practice, comprehensive sexuality program.

#### Other professional development programs

We continue to offer professional development in all aspects of sexuality education. This includes a range of courses at Box Hill for teachers looking to expand or update their current teaching knowledge.

**As part of the whole-school approach, courses can also be delivered at your school or in local community groups, including rural and regional areas.**

#### Special education and students with disabilities

Family Planning Victoria provides educational services and professional development in all aspects of human relations, sexuality and sexual health for teachers working with students with disabilities. Contact us for further information.

### Classroom sessions

**Our expert educators are still available to conduct fee-for-service sexual health education sessions in schools for your students. These sessions also contribute to teacher professional development by:**

- enhancing their sexual health knowledge base
- helping them become comfortable with lesson content and language
- modelling effective strategies for teaching sexual health.

**2012 sessions include:**

#### Primary

- Grade 3/4 program - human development across the lifespan
- Grade 5/6 program - social, physical and emotional changes of puberty

#### Secondary

- safer sex, contraception and sexually transmissible infections
- respectful relationships
- sexual decision making

### Parent/carer information nights

Recent research shows most parents/carers want their children to have sexuality education at school. A parent/carer information night is a great way to engage and reassure your parent/carer community.

**We can help you tailor an evening that's right for your group.**

For more information on any of these services, please contact our registrar.  
T/ 03 9257 0133  
E/ registrar@fpv.org.au

### NEW COURSE FOR 2012

#### Sexuality and technology (VELS 5-6)

This new and innovative course explores the impact of technology on the relationships and sexuality of young people. It provides the skills and resources to address this challenging area in your classroom.

**Topics include:**

- sexting
- the impact of pornography
- body image
- gender and power
- technology and the law
- the impact of technology on sexual practice

Date: Thursday 30 August 2012  
Time: 1.00pm-4.00pm  
Cost: \$125.00 (incl GST)  
Venue: 901 Whitehorse Rd, Box Hill

## 2012 Courses

### Venue

The following courses are conducted at Family Planning Victoria, 901 Whitehorse Rd, Box Hill.

### Cost

All costs include resources. Lunch and morning tea are also provided.

#### SafeLanding: teaching sexuality education in secondary schools (VELS 5-6)

This intensive, two-day course introduces the SafeLanding model and provides a practical framework and tools for educators to deliver a comprehensive, whole-school sexuality education program.

**Topics include:**

- best practice sexuality education
- the SafeLanding model
- policy and curriculum
- gender and power
- sexual behaviour and intimacy
- sexual identity, orientation and same-sex attraction
- respectful relationships
- coercion and consent
- contraception and STIs
- engaging school leaders, parents and the school community

Participants will leave with effective classroom activities and strategies for implementing sexuality education.

Dates: Tuesday 20 - Wednesday 21 March 2012 or  
Thursday 18 - Friday 19 October 2012

Time: 9.30am-4.30pm (both days)

Cost: \$410.00 (incl GST)

#### SafeLanding: teaching sexuality education in primary schools (VELS 3-4)

This one-day course introduces the SafeLanding model and provides a practical framework and tools for educators to deliver a comprehensive, whole-school sexuality education program in primary schools.

**Topics include:**

- best practice sexuality education
- the SafeLanding model
- policy and curriculum
- puberty - emotional, social and physical changes
- conception, pregnancy and birth
- friendships and relationships
- gender and identity
- strategies for dealing with difficult classroom situations
- engaging school leaders, parents and the school community

Participants will leave with effective classroom activities and strategies for implementing sexuality education in a primary school.

Date: Tuesday 22 May 2012

Time: 9.30am-4.30pm

Cost: \$250.00 (incl GST)

### Expansion and update courses

#### Bridging the gap: sexuality education for Years 7 & 8 (VELS 5)

This workshop addresses the emerging sexuality of young people in the early years of secondary education. It explores adolescence, sexuality and the factors affecting young people at this stage of life.

**Topics include:**

- safer sex and harm minimisation
- relationships and dating
- sexual decision making and self esteem
- the law relating to sex and sexual health services
- sexuality and technology
- accessing sexual health information and services
- strategies for dealing with difficult classroom situations

Date: Friday 9 March 2012 or Monday 20 August 2012

Time: 9.30am-4.30pm

Cost: \$250.00 (incl GST)

#### Teaching STIs and contraception (VELS 5-6)

This course explores the sexual behaviour of young people and provides effective teaching strategies in sexual health. Update your knowledge of sexually transmissible infections (STIs) and the latest methods of contraception.

**Topics include:**

- teaching key messages about safer sex
- contraceptive methods
- STIs: statistics, testing and treatments
- harm minimisation in sexual health
- activities for the classroom
- Q&A with clinical staff

Date: Monday 28 May 2012 or Friday 3 August 2012

Time: 9.30am-4.30pm

Cost: \$250.00 (incl GST)

#### Teaching respectful relationships (VELS 6)

This course explores relationships and the social world of young people. It provides interactive activities to encourage classroom discussion of these important issues.

**Topics include:**

- sexual intimacy
- same-sex attraction
- consent and coercion
- laws about sex
- gender stereotypes
- sexual decision making
- sexuality and the media
- healthy and unhealthy relationships

Date: Tuesday 8 May 2012 or Friday 23 November 2012

Time: 9.30am-4.30pm

Cost: \$250.00 (incl GST)